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Relaying the foundations of life.....



ANNUAL REPORT 2022–2023

Association for Development of Human and
Community Rebuilding (ADHAR)

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Message from the President

The year 2022–2023 marked an important phase of consolidation and learning for ADHAR as we continued our mission to promote dignity, opportunity, and resilience among vulnerable communities. Emerging from the long shadow of the pandemic, this year required renewed focus on livelihood restoration, youth employability, health awareness, and behaviour change, especially for those who had been disproportionately affected.

At ADHAR, we firmly believe that sustainable development is possible only when skills, health, and awareness move together. During the reporting year, our interventions reflected this integrated approach. Through employability training in the healthcare sector, agriculture-based skill development, and school-based awareness programmes, we reached youth, students, and communities who often remain excluded from mainstream opportunities.



The GDA (General Duty Assistant – Health Care) training programme responded to the growing demand for skilled frontline health workers, while opening dignified employment pathways for underprivileged youth. At the same time, agriculture training in Odisha strengthened rural livelihoods by promoting practical, climate-sensitive farming knowledge. These initiatives were complemented by school-based awareness programmes that addressed menstrual hygiene, safe drinking water, and prevention of lifestyle and non-communicable diseases.

One of our key learnings this year was that infrastructure or training alone cannot drive transformation. Awareness, attitude change, and sustained engagement are essential to create long-term impact. Schools emerged as powerful spaces for shaping healthy behaviours, while youth training programmes reinforced the importance of confidence, communication, and adaptability in the world of work.

I take this opportunity to express my heartfelt gratitude to our partners, trainers, community leaders, teachers, volunteers, and the young participants who placed their trust in ADHAR. Their collaboration and commitment made our work meaningful and impactful.

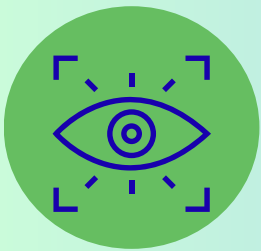
As we move forward, ADHAR remains committed to strengthening employability pathways, deepening health and hygiene awareness, and building community ownership. The journey continues with renewed resolve to ensure that every individual we work with can lead a life of dignity, security, and opportunity.

Narayan Chandra Roy

— President, ADHAR

Organisational Overview

Association for Development of Human and Community Rebuilding (ADHAR) is a humanitarian and development organisation committed to safeguarding the right to life with dignity for disaster-affected and vulnerable populations. Guided by the Humanitarian Charter and Sphere Standards, ADHAR integrates transparency, accountability, and community participation across all interventions.



Vision: Resilient and self-reliant communities living with dignity, equality, and opportunity.



Mission: To reach the most vulnerable people living in disaster and crisis situations, promote women's leadership in decision-making, and enable sustainable community development through education, skill development, and capacity building.



Core Values:

- Human dignity and rights
- Gender equity and inclusion
- Community ownership
- Transparency and accountability
- Partnership and collaboration

Programme Interventions : 2022–2023

Employability Training on GDA – Health Care

Location: STEP–EGI, Madhyamgram, West Bengal

Programme Rationale:

With the growing need for trained healthcare support staff, ADHAR implemented a General Duty Assistant (GDA) employability programme to equip underprivileged youth with job-ready skills.

Key Focus Areas:

- **Basic patient care and hospital assistance**
- **Basic patient care and hospital assistance**
- **Communication skills for healthcare settings**
- **Work ethics and professional conduct**



Outcome:

The programme enhanced employability prospects for youth from marginalized backgrounds and contributed to strengthening frontline healthcare support systems.

Agriculture Skill Training Programme

Location: ART, Sonapur, Odisha

Objective:

To enhance rural livelihood security through skill-based agriculture training.

Training Components:

Improved and sustainable agricultural practices

Exposure to climate-resilient farming techniques

Income generation through agriculture and allied activities

Outcome: Participants gained practical skills and confidence to pursue agriculture as a sustainable livelihood option.



School-Based Awareness and Behaviour Change Programmes

ADHAR implemented structured school-based awareness initiatives recognizing schools as critical platforms for long-term behaviour change.

Key Awareness Themes

- **Menstrual Hygiene Management (MHM)**

Promoting safe, hygienic practices and addressing stigma and myths around menstruation.

- **Safe Drinking Water Awareness:**

Educating students on arsenic contamination risks and safe water consumption practices.

- **Cardiovascular Disease Risk Reduction:**

Encouraging healthy lifestyle habits including nutrition and physical activity.

- **Cancer Risk Reduction (Cervical, Breast, and Oral):**

Building awareness on prevention, early signs, and healthy behavioural choices.

Teachers and students actively participated, fostering a supportive and informed school environment.

Outcomes and Impact

- Improved employability skills among trained youth
- Enhanced awareness on hygiene, safe water, and disease prevention among students
- Increased confidence and dignity among adolescent girls through menstrual hygiene education
- Strengthened community capacity for preventive health behaviours



Key Learnings

- Integrated skill training and awareness interventions create stronger outcomes
- Behaviour change requires repeated engagement and trusted local facilitation
- Schools are vital entry points for long-term health and hygiene transformation

Looking Ahead

Building on the experiences of 2022–2023, ADHAR aims to:

- Strengthen employability-linked skill training
- Expand school-based health and hygiene awareness
- Deepen partnerships for sustainable community development



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